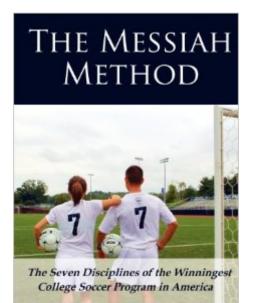
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# The Messiah Method: The Seven Disciplines Of The Winningest College Soccer Program In America



MICHAEL ZIGARELLI



## Synopsis

How Excellence Happens From 2000 to 2010, the Messiah College soccer program-the men's team and women's team combined-posted the best record in NCAA soccer: 472 wins, 31 losses, and 20 ties. Few programs were even close. Seventeen Final Fours between them during this time. Eleven national titles. Unbeaten streaks measured not only in games, but in seasons. How do they do it? What's their secret of success? They use what might be called "the Messiah method," seven disciplines that propelled these teams from decent to dynasty. They're seven disciplines that can supercharge your team, too. Whether you're leading a sports program or a business or a school or a church or any other organization, there's a proven method to achieve breakthrough performance-and to sustain it year after year. It's The Messiah Method. It's how excellence happens. Michael Zigarelli is a Professor of Leadership and Strategy at Messiah College and the author of several books. He's also a high school soccer coach and an avid student of the game. You can reach him at mzigarelli@messiah.edu

## **Book Information**

Paperback: 234 pages Publisher: Xulon Press (September 28, 2011) Language: English ISBN-10: 1613790252 ISBN-13: 978-1613790250 Product Dimensions: 5.5 x 0.5 x 8.5 inches Shipping Weight: 11.2 ounces (View shipping rates and policies) Average Customer Review: 4.6 out of 5 stars Â See all reviews (50 customer reviews) Best Sellers Rank: #131,046 in Books (See Top 100 in Books) #35 in Books > Sports & Outdoors > Coaching > Soccer #130 in Books > Sports & Outdoors > Soccer #1905 in Books > Self-Help > Success

#### **Customer Reviews**

What a refreshing insight on an outstanding program. Michael has courageously and obviously connected the "higher purpose" message in a way that should be acceptable to all. I have been a professional soccer coach for over 30 years and gained deep insights from each section. This should be required reading for ALL new collegiate coaches.

Being a high school soccer coach I saw this book and ordered it. I am always looking for new

strategies, ideas for motivation, different drills. I enjoyed the book and gleaned some helpful things from it. THe book is geared more for the cocllege coach, but any soccer coach would benefit from reading it.

Well written and incredibly intriguing - a story of a powerhouse built on principles that go beyond passing, shooting, trapping, etc. Son read it and I have to believe a "light came on." Highly recommended for those who aspire for excellence in what they aspire....and that's on and off an athletic field.

I really enjoyed the perspective. It was a little more geared towards God than i expected but that is something that works for the position that I'm in so it was perfect. Definitely a college coaches read, but I think you can learn a lot from outside of college as well. They make it sound like they are great people just to be around, I'd like to walk down the halls of the college and experience it.

The Messiah Method is a fascinating, in-depth look at a men's college soccer team that is unique for its success and its integrity. The stories in the book were impressive, and made me glad there is an organization like this in the world. I read it (Kindle version) in one sitting. There were a few editing flaws (the country in S. America is spelled Colombia, not Columbia), but overall it's a good read and I recommend it for soccer fans, soccer coaches, and anyone trying to improve their organization from the ground up. The core values of the soccer program are widely applicable, but as the author notes, it takes time and patience to build the kind of culture that generates this kind of success (however you define success) - and most people just aren't willing to make that investment.

Inspiring and an important read for anyone who is a leader of a "TEAM". The book is a bit heavy on traditional Christian "spirituality". The concepts about building teamwork are valid, religion or not.

Great book sharing how this awesome soccer powerhouse has been built. NotAbout x&o's but the strategy to build a program from the ground up. I felt the strategy used as application in the corporate world as well. It is about team building!!

As the Athletic Director at an historic boarding school, I made this required reading for my entire coaching staff. These coaches, and Zigarelli in his recounting of their methods and beliefs, have laid a blueprint for success that extends far beyond the soccer pitch. Must read. I expect to read this

book many more times over the course of my career.

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